



Client Name _____ DOB _____

Sheila Resari, LMT #12784
5517 N Commercial Ave, Portland, OR 97217
Phone: 503-880-7977 Fax: 503-223-1188
www.truenorthmassage.com

Current Pregnancy Information

In what week of pregnancy are you? _____ What is your due date? _____

Are you regularly seeing a physician, midwife, or nurse-midwife? _____ Date of Last Visit _____

Pregnancy Complications/Problems - circle all that apply:

Bleeding Rapid weight gain Protein in urine Cramping Vomiting
Vision disturbances Abnormal fetal growth/heartbeat/movements Varicose veins
Amniotic fluid leakage Severe nausea High blood sugar Headaches
Water retention High blood pressure Other: _____

High-Risk Pregnancy Factors - circle all that apply:

Diabetes Hypertension Multiples (twins, triplets, etc.) Under 20/Over 35 years old
Asthma Rh/genetic problems Previous complicated pregnancy
Fetal genetic disorders Haz-mat exposure

Is there other relevant information about this pregnancy or about you that I should know?

I have provided all my known pregnancy information and will inform my practitioner of any changes in my health.

Signature: _____

Date: _____